

Summary:

This plan is primarily aimed at ensuring all health safety conditions for customers and employees, in strict compliance with the current legal norms and standards related to certifications assigned to BBDouro in response to the pandemic caused by “COVID-19”.

It also contains a set of actions and procedures that, although not being explicitly enshrined in any of the aforementioned rules, are considered an added safety factor and thus will be adopted by BBDouro during this period.

Depending on the evolution of the situation, both from a scientific and legal point of view, this plan will naturally be subject to updates according to the evolution of the situation. These updates will always be communicated in a timely manner.

This plan was developed in strict collaboration with Lusíadas Saúde Group.

This plan was developed based on standards and knowledge as of May 11th, 2020.

Actions and procedures:

1. Arriving to the marina, students must go directly to their boat, which will be previously communicated via WhatsApp. If the access door is closed, they should wait for their Skipper outdoors, in the Waiting Area (see attached map).
2. Access to the office is limited to BBDouro staff, thus administrative matters should be dealt with BBDouro’s employee in an area outside the office.
3. Locker rooms are closed, and so students should arrive at BBDouro already equipped for the lesson.
4. Belongings, in case students do not want to take them on board, will be placed in washed and disinfected bags, and placed by their Skipper in a space designated for that purpose.
5. Access to BBDouro’s warehouse is limited to collaborators only. All the material needed for the lesson (e.g. spinnaker) will be picked up by the Skipper.
6. Each class will have a maximum of 3 students.
7. Disinfection of hands before and after the lesson is mandatory. All Skippers will have alcohol-gel packs, which can be requested throughout the activity. There are several disinfection points available (Disinfection points (1) – attached map).

8. Facial mask is mandatory throughout the entire lesson time.
9. Life jackets will be washed, disinfected and isolated after each use, respecting a minimum period of 48 hours between uses (3).
10. Boarding / landing will be carried out gradually in order to avoid a higher than desirable density of people in that area.
11. It is mandatory to disinfect shoes immediately before entering the boats. A disinfection mat (6) with diluted sodium hypochlorite will be installed in the embarkation / disembarkation area.
12. After arriving ashore, used life jackets must be given to each Skipper, so that they are placed in their designated place (5) and then sent to the disinfection area.
13. In case a change of clothes is necessary, it must be done outdoors.
14. After each use, boats will be washed with soap and water and sensitive areas will be disinfected.
15. After being used, face masks must be deposited by the user in a place specially designated for this purpose that is properly marked (4).

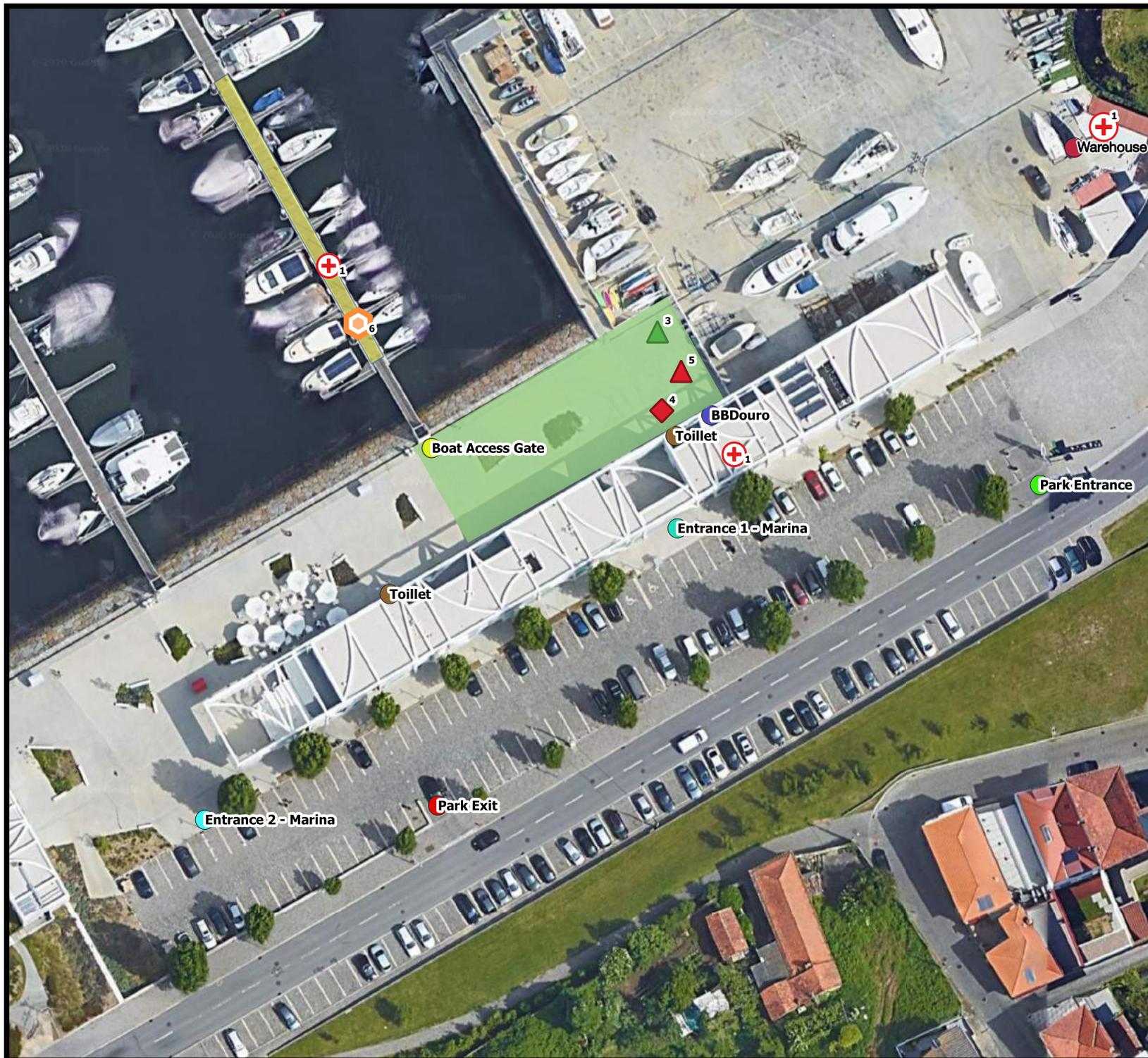
Vila Nova de Gaia, May 11th, 2020



Contingency Plan COVID-19

Points and Areas

Adult Sailing Academy



Disinfection Points

-  1. Alcohol Gel
-  3. Disinfected Life Jackets
-  4. Deposition Used Masks
-  5. Used Life Jackets
-  6. Shoes disinfection

Areas

-  Waiting Area
-  Boarding Area