

Summary:

This plan is primarily aimed at ensuring all health safety conditions for customers and employees in strict compliance with the current legal norms and standards related to certifications assigned to BBDouro in response to the pandemic caused by “COVID-19”.

It also contains a set of actions and procedures that, not being explicitly enshrined in any of the aforementioned rules, will be adopted by BBDouro as it considers it to be an added safety factor.

In view of the permanent evolution of the situation, both from a scientific and legal point of view, this plan will naturally be subject to updates that follow the evolution of the situation, which updates will always be communicated in a timely manner.

For the elaboration of this plan, we had the collaboration of the Lusíadas Saúde Group.

This plan was developed based on standards and knowledge as of May 11th, 2020 and updated in September 2nd 2020.

Actions and procedures:

1. Arriving to the location, students must go directly to their boat, which will be previously communicated via WhatsApp. If the access door is closed, they must wait for their Skipper outdoors, in the Waiting Area (see attached map).
2. Access to the office is limited to 1 person besides BBDouro collaborators, so administrative matters to be dealt with BBDouro’s responsible can occur through digital means.
3. Locker rooms are limited to 1 person, but BBDouro advises the pupils to come already equipped for the lesson. The cleaning of the locker rooms are responsibility of Douro Marina.
4. Belongings whose students do not want to take on board can be placed in a space designated for this purpose.
5. Access to BBDouro’s warehouse is limited to collaborators only. All the material needed for the lesson (eg spinnaker) will be picked up by the Skipper.
6. Disinfection of hands before and after the lesson is mandatory. All Skippers will have alcohol-gel packs in their possession, which can be requested throughout the activity. There are several disinfection points available (Disinfection points (1) – attached map).

7. Facial mask is mandatory throughout the entire lesson time.
8. Life jackets will be washed, disinfected and isolated after each use, respecting a minimum period of 48 hours between uses (3).
9. Boarding / landing will be carried out gradually in order to avoid a higher density than desirable in the embarkation / disembarkation area.
10. It is mandatory to disinfect shoes immediately before entering the boats. A disinfection mat (6) based on diluted sodium hypochlorite will be installed in the embarkation / disembarkation area.
11. After arriving ashore, the used life jackets must be given to the respective Skippers for placement in a specially designated place (5) and later sent to the disinfection area.
12. If a change of clothes is necessary, it must be done outdoors.
13. After each use, boats will be washed with soap and water and sensitive areas will be disinfected.
14. After use, face masks must be deposited by the owner in a place specially designated for this purpose that is properly marked (4).

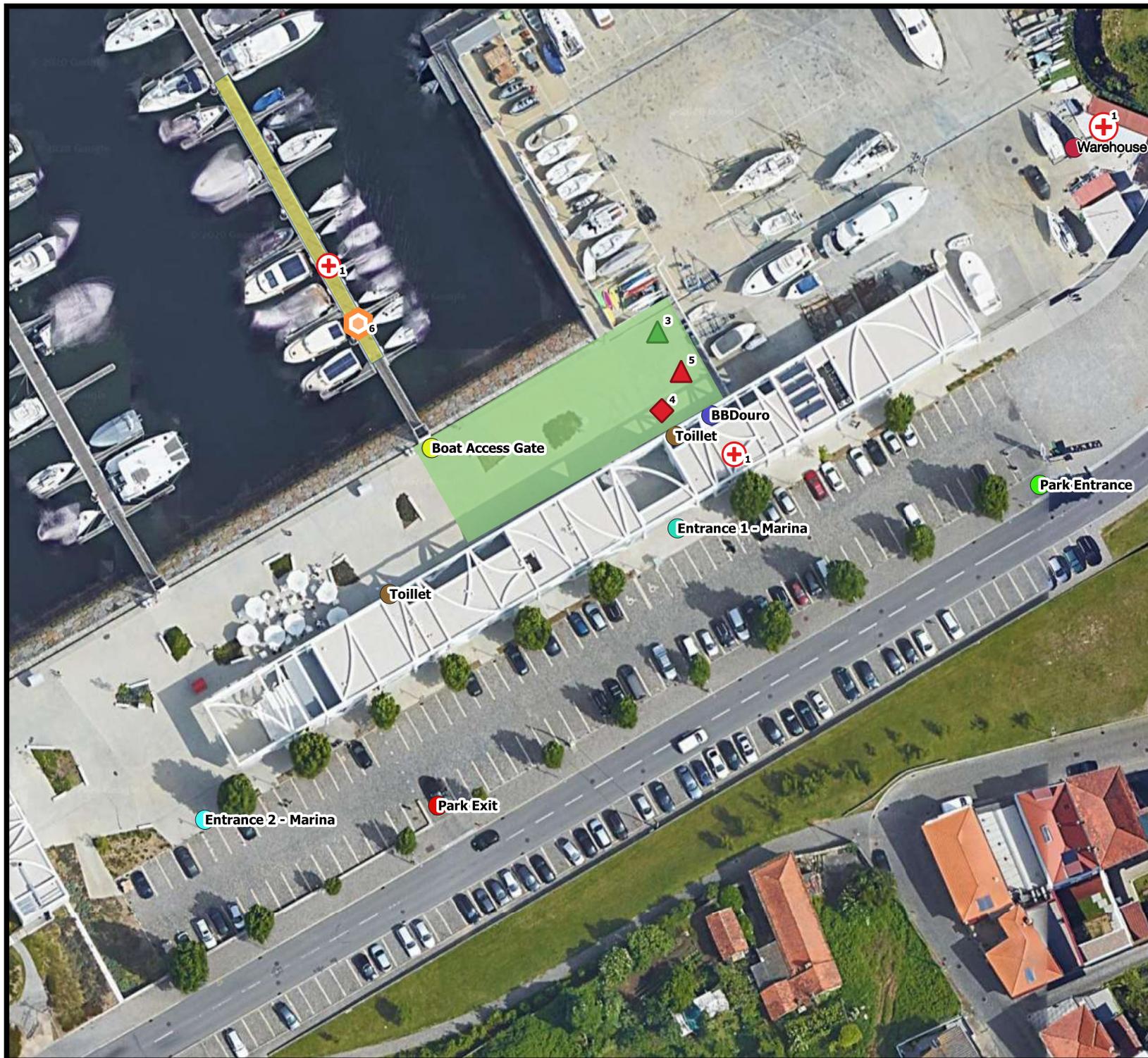
Vila Nova de Gaia, September 2nd, 2020



Contingency Plan COVID-19

Points and Areas

Adult Sailing Academy



Disinfection Points

-  1. Alcohol Gel
-  3. Disinfected Life Jackets
-  4. Deposition Used Masks
-  5. Used Life Jackets
-  6. Shoes disinfection

Areas

-  Waiting Area
-  Boarding Area